

RECOGNIZE SIGNS OF ABUSE

DO YOU:

- ⊗ feel afraid of your partner?
- ⊗ dodge topics to avoid angering your partner?
- ⊗ feel you can't do anything right for your partner?
- ⊗ believe that you deserved to be hurt/mistreated?
- ⊗ feel emotionally numb/helpless?

DOES YOUR PARTNER:

- ⊗ monitor your phone, email and/or social media?
- ⊗ threaten to take away things you love, and/or harm them, including children and pets?
- ⊗ have a bad/unpredictable temper?
- ⊗ blame you for their abusive behavior?
- ⊗ accuse you of cheating?
- ⊗ hurt or threaten to hurt or kill you?
- ⊗ limit your access to money or transportation?
- ⊗ control where you go/what you do and say?
- ⊗ keep you from seeing friends/family?
- ⊗ threaten suicide if you leave?
- ⊗ force sex against your will?
- ⊗ destroy your belongings?

**If you feel unsafe or unsure, call
704-336-3210. There is help available.**



COMMUNITY RESOURCES

Mecklenburg County Community Support Services Prevention and Intervention Services

Adult Services

Children Services

Teen Services

Programa Confianza Prevention and Education

Valerie C. Woodard Center
3205 Freedom Dr., Suite 2000
Charlotte, NC 28208
704-336-3210

Supervised Visitation and Safe Exchange Center

Valerie C. Woodard Center
3205 Freedom Dr., Suite 2000
Charlotte, NC 28208
980-314-8680

NOVA Program

2732 Rozzelles Ferry Rd.
Charlotte, NC 28208
704-336-4344 (English)
980-314-8991 (Spanish)

NOVA Court Office:

Mecklenburg County Courthouse
832 E. 4th St., Room 4000, Charlotte, NC 28202

Greater Charlotte Hope Line:

A 24/7 confidential phone line for support related to parenting, domestic violence and sexual assault.
980-771-4673

National Resources:

National Domestic Violence Hotline

1-800-799-7233

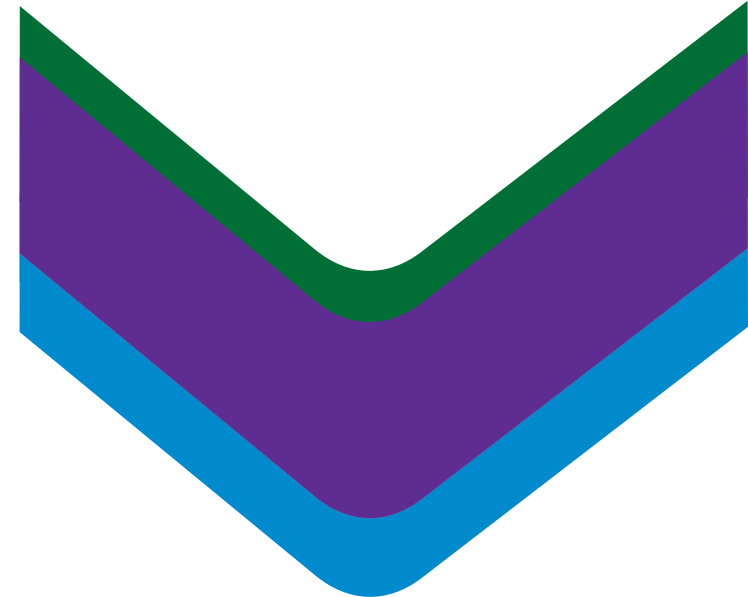
National Teen Dating Abuse Hotline

1-866-331-9474



Community Support Services
MECKLENBURG COUNTY

PREVENTION AND INTERVENTION SERVICES



704.336.3210
YOU ARE NOT ALONE. HELP IS AVAILABLE.



ADULT SERVICES - 704-336-3210

Trauma-informed individual, group and crisis counseling

- ⦿ Culturally-sensitive services
- ⦿ Advocacy and referrals
- ⦿ Domestic violence consultation
- ⦿ Case management
- ⦿ Legal clinic
- ⦿ Counseling provided in Spanish (Programa Confianza) and other languages with interpreters



WORK FIRST FAMILY ASSISTANCE FOR THOSE IMPACTED BY DOMESTIC VIOLENCE

If you are receiving Work First and domestic violence is keeping you from work, the Family Violence Option Waiver can:

- ⦿ Help with safety planning and referral for domestic violence support if requested
- ⦿ Temporarily waive requirements to complete 35 hours per week of work-related activities



CHILDREN SERVICES - 704-336-3210

Helping child witnesses and teens develop resiliency and coping skills. Services available on-site and in schools.

- HERO Program (2-18 years old)
- REACH Program (12-18 years old)
- Teen Dating Violence Program (12-18 years old)
- ⦿ Evidence-based trauma treatment for those 2-18 years old
- ⦿ Counseling for child witnesses to domestic violence
- ⦿ Counseling for teens in abusive relationships
- ⦿ Group counseling for children and teens
- ⦿ Counseling provided in Spanish and other languages with interpreters



SUPERVISED VISITATION AND SAFE EXCHANGE CENTER - 980-314-8680

Provides supervised visits and safe exchanges for families that have experienced domestic violence.

- ⦿ Onsite visitations supervised by trained professionals
- ⦿ Interpreting services available
- ⦿ Intakes completed individually with both parents before services begin
- ⦿ Visitation hours in on-site playroom with toys and activities for children of any age



PREVENTION SERVICES

CSSPrevention@MecklenburgCountyNC.gov

Domestic Violence Speakers Bureau:

- ⦿ Creates awareness and dialogue around issues related to domestic violence
- ⦿ Provides opportunities for survivors to lift their voices
- ⦿ Must complete volunteer training to become a member

LoveSpeaksOut Program:

- ⦿ Interactive, discussion-based presentations to teens
- ⦿ Middle and high school health class curriculum
- ⦿ Year-round teen advocacy opportunities

Do the Write Thing Essay Challenge:

- ⦿ Partnership with Charlotte-Mecklenburg Schools and the Charlotte-Mecklenburg Police Department
- ⦿ Middle school students write about what causes youth violence and what can be done to stop it



NEW OPTIONS FOR VIOLENT ACTIONS (NOVA)

704-336-4344 (English) or 980-314-8991 (Spanish)

- ⦿ Serving perpetrators of domestic violence
- ⦿ State certified domestic violence intervention
- ⦿ Counseling and case management
- ⦿ Intakes are by appointment Monday-Thursday
- ⦿ Evening, weekday and weekend options are available for group sessions
- ⦿ Fee is \$16 per week



SUBSTANCE USE SERVICES

Roof Above Men's Shelter

Salvation Army Center of Hope Women's Homeless Shelter -704-562-7259

Substance Abuse Comprehensive Outpatient Treatment

- ⦿ Group and individual counseling

Community Resources for Empowerment & Wellness (CREW) - 704-302-4413

- ⦿ Serves individuals in the LGBTQ and MSM communities, as well as those with HIV/AIDs and mental health/substances use issues
- ⦿ Group and individual counseling
- ⦿ Case management
- ⦿ Peer support

Partnership with Safe Alliance Domestic Violence Shelter

- ⦿ Group and individual counseling

Substance Abuse Comprehensive Treatment-Detention Center - Charlotte 704-614-3691

- ⦿ Group and individual counseling for detention center residents

Mental Health Clinicians

- ⦿ Provide services throughout the community
- ⦿ Individual counseling
- ⦿ Group counseling



Our services are accessible to all Mecklenburg County residents regardless of age, ethnicity, nationality, race, gender, sexuality, class, religion, veteran status, the presence of a physical, sensory or mental disability, marital status, immigration status, or pregnancy status.